ANTHONY'S PUB BARE BONES DUATHLON
2008 BC DUATHLON CHAMPIONSHIPS
Triathlon BC Duathlon Series Race #2
Saturday, May 10, 2008 - 4pm - Penticton BC
5km Run - 32km Cycle - 5km Run

- Registration 1:30pm-3pm at Race Start area – Skaha Beach East Parking Lot, Cypress St & Elm Ave, Penticton.
- Changing and washroom facilities available at Race site.
- Pre-Race Meeting at 3.30pm. Race begins at 4pm sharp.
- Awards ceremony at race site at 7pm.
- Post race Party including All-You-Can-Eat Buffet (available at $8.00 per person) at Anthony's Pub 7.30pm.
- Individual competitors only, must be 16 years or older.
- Entrants should be in good physical condition, having trained sufficiently to confidently complete the course within 2hrs 30mins. (No official cut-off time will apply.)
- This is a draft-free individual endurance event, for elite and age group competitors alike. Certified draft officials will patrol the bike course to ensure fair competition and apply drafting penalties to those who cheat. Details will be explained at the pre-race meeting, on race day.
- Sponsors & supporters include Anthony's Pub, Dairy Queen, The Bike Barn, Peach City Runners, Penticton Pounders, Swagman Racks, Impact MultiSport, Subaru Ironman Canada, Penticton Triathlon Club & TriBC.

PRIZES

Prize money will be awarded equally, to the top 3 male and top 3 female competitors, in the following amounts:

1st place: $150.00 2nd place: $ 75.00 3rd place: $50.00

Prizes will be presented to winners of each 5 year age group for recognition as BC Duathlon Champion in that category.

Retain this information portion
Send this registration portion

ENTRY FORM

LAST NAME: _____ FIRST NAME: _____

ADDRESS: _____ CITY _____ POSTAL CODE_____

PHONE #_____email address_____

GENDER: circle MALE FEMALE

BIRTHDAY _____/_____/_____ AGE ON December 31st, 2008_____ TRI BC MEMBERSHIP #_____

DD MM YYYY

ENTRY DETAILS

REGULAR ENTRY FEE	**$29.00***	For all entries received before or on May 8th, 2008	_____
LATE / RACE DAY ENTRY	**$40.00***	For all entries received after May 8th & on race day (1 -3pm)	_____
INSURANCE FEE	**$10.00***	(Non-Triathlon association members One-Day-Race License)	_____

*RACE ENTRY IS NON-REFUNDABLE TOTAL ENCLOSED $_____

Please make cheques Payable to: **Penticton Triathlon Club (Memo: Bare Bones Duathlon)**
Mail this entry to: **1117 Kensington St., PENTICTON BC V2A 4N2**
Further inquiries, please contact: **BRAD LEE** phone: **250.770.1677** email: **bradxtlee@yahoo.ca**

ATHLETE'S WAIVER

I, the applicant, on behalf of myself, my family, my heirs, executors, administrators and assigns, hereby forever release, discharge and hold harmless, the organizers, Penticton Triathlon Club, Anthony's Pub, Dairy Queen, Triathlon BC, representatives and agents and all associated sponsors and volunteers for any injury, loss or damage, to my person or property, howsoever caused, arising out of or in connection with my taking part in the TriBC organized events and activities, including the Bare Bones Duathlon, held on Saturday May 10, 2008, and not withstanding that the same may have been contributed to or occasioned by, the negligence of any of the above mentioned persons, businesses or organizations. I acknowledge that I am responsible for the roadworthiness and correct operation of my bicycle. I realize that I may be subject to unannounced drug testing as provided for by Triathlon Canada's agreement with the Canadian Centre for Ethics in Sport.

SIGNED:_____ DATE: _____

PARENTS/LEGAL GUARDIAN SIGNATURE:

(Must be completed for competing athletes under 19 years.) I, the parent or legal guardian of the above competitor, hereby certify that I have read and agreed to be bound by the terms of the waiver, on behalf of the said competitor.

SIGNED:_____ DATE: _____