

Penticton Triathlon Club 2010 Awards Nominees

Nominations for club members are requested. Thus far, based on the spreadsheet, nominations are:

Female Triathlete of the Year, Short Course:

Jen Annett: Bare Bones- 2ag, Oliver Sprint- 1ag

Donna Sawchyn- Bare Bones- 1ag, Cultus- 1ag

Adrienne Stedford: Bare Bones - 1ovl

Gloria Woolner: (Oliver Olympic 2nd age group, Peach 1st age grp, Cultus 1st age grp)

Gloria Woolner is the 2010 Female Triathlete of the Year, Short Course.

Male Triathlete of the Year, Short Course:

Scott McMillan (Bare Bones 8th ovl; Oliver Sprint 5th ovl, 1st age grp; Peach 18th ovl, 1st age grp; Nat'l's 17th ovl, 3rd age grp; S'land sprint 3rd ovl, 1st age grp)

Scott Tremblay (Bare Bones 2nd ovl; Oliver Olympic 1st ovl)

Kirk Vandeweghe (Oliver Sprint 6th ovl, 1st age grp; Peach 35th ovl, 3rd age grp; Cys'WogFun 6th ovl, 1st age grp; Xterra Whistler 29th ovl, 1st age grp; Xterra World Champs 5th age grp)

Brian Schroeder (Bare Bones 1st age grp, Peach 30th ovl, 1st age grp)

Kirk Vandeweghe is the 2010 Male Triathlete of the Year, Short Course

Female Triathlete of the Year, Long Course:

Jen Annett (IMC 2 age grp, Oliver Half 5th age grp)

Tracey McQuair (UltraMan champ, IMCDA 17th age grp) going to IM Cozumel Nov.27.

Tracey McQuair is the Female Triathlete of the Year, Long Course.

Male Triathlete of the Year, Long Course:

Scott Tremblay (IMCDA 19th ovl, 2nd age grp; IMC 16th ovl, 1st age grp, 1st amateur)

Dave Matheson (Oliver Half 12th ovl, 3rd age grp; Desert Half 5th ovl, 1st age grp; IMC 25th ovl, 3rd age grp)

Brian Schroeder (Oliver Half 46th ovl, 1st age grp; IMC 1st age grp)

Scott Tremblay is the Male Triathlete of the Year, Long Course

Male Veteran Triathlete of the Year:

Steve Hardwicke (Bare Bones 1st age grp, Oliver Half 2nd age grp, Peach 1st age grp, ITU World Champs, 4th age grp)

Milton Guignon (Oliver Olympic 3rd age grp; Desert Half 1st age grp; Cultus Olympic 1st age grp)

Gary Hoffman (Summerland Sprint 1st age grp)

Carl Peterson (Peach 43rd ovl, 2 age grp)

Brian Schroeder (Bare Bones 1st age grp; Oliver Half 46 ovl, 1st age grp; Peach 30th ovl, 1st age grp; IMC 1st age grp)

Brian Schroeder is the Veteran Triathlete of the Year

Female Veteran Triathlete of the Year:

Jacque Bird (IMC, first completion), club supporter by giving the club seminars on Nutrition for Endurance events.

Barb Hillier (IMC 3rd age grp)

Jacque Bird is the Female Veteran Triathlete of the Year

Rookie of the Year:

Myriam Bosshard: 7 races this year!

Tomas Bartkowicz: Summerland sprint

Zac Goerlitz: Peach Classic, Summerland sprint

Jason Oliver: Oliver sprint 4th age grp, Oliver Half 5:27, IMC 12:32.

Myriam Bosshard is the Rookie of the Year

Volunteer of the Year:

Jackie Bird:

Laura Carleton: Bare Bones co-race director, IMC board of director, club president

Karen Lannon:

Brad Lee

A TIE!

IronSpirit Award:

I have listed members who raced in 5+ races. Criteria is whatever your belief that displays the mental fortitude, perseverance, and/or endurance to compete; to overcome any obstacles to train and race, and/or gives to the sport for the continuation of triathlon in our community.

Joy Hollingdale: 6 races, quite a come back for Joy, after having major foot surgery 2 seasons ago.

Mike Kascak: 5 races, after starting last year.

Karen Lannon: Endured recovery from being hit by a vehicle training for IMC in April. Elected to do IMC to support Jackie Bird in Jackie's first IMC, and to see if she could finish given her lack of training.

Scott MacMillan: 6 races,

David Nash: 5 races

Jeff Symonds: 8 races; life as a pro.

Kirk Vandeweghe: 8 races

Gloria Woolner: 5 races.

Karen Lannon is the IronSpirit Award winner.

High Performance:

Jeff Symonds: stayed with his strength, Halfs. Oliver Half- 3ovl; Desert Half- 2 ovl, Peach 1ovl, Lake Stevens 70.3- 2ovl, Austin 70.3- 8ovl.