

March 5, 2008

PENTICTON TRIATHLON CLUB

Minutes of the monthly club meeting

Attending: Ryan Mahaffy, James Palanio, Jenny Andrews, Moshe Oz, Kirk Vandeweghe, Sarah McMillan, Brad Lee, Richard Szabo

1.0 Meeting called to order at 7:03PM

2.0 Review minutes of February meeting minutes. James motioned to accept the minutes of February's meeting as correct. Ryan seconded.

3.0 **Treasurers Report** – Ryan stated the club has a balance of \$6041.82, with an outstanding amount to Triathlon BC, of approximately \$540. The discounted rate for club and Tri BC memberships ends on March 15. Then fees will be \$55.

4.0 Old Business

4.1 Upcoming seminars: seminar on Pilates on Sunday March 30th, from 3-4:30PM. Due to spring break happening in the middle of March, it is thought to be better to have **Tracey Pope** give her seminar in April. We have 5 respondents for a “**Weight Training**” seminar and it is considered a little late for it now. Weight training is better in November to January.

4.2 **Final 2 weeks to get your Tri BC renewals** in before the price goes up to \$55.

4.3 Community Coaching course in Kelowna on April 19-20. Thus far only Brad and Gord are confirmed to attend. We also have Karl Donoghue, Marnie Todd, and Niki Lawrence from the Keremeos Triathlon club attending. Brad will email the people who earlier said they are interested, as we still require certified coaches for the junior camp and for the group workouts. A discussion was held to pay for the 3 members of the KTC. Karl will continue to coach anyone wishing to swim MWF at 7AM for the club. The club also received \$500 from ICRS from bike aid stn #2 towards junior triathlon. James asked if our last motion from 2 meetings ago stated that the club would pay for club members only, given the commitment of the course attendee to help with group and/or junior training. Brad thought the motion stated “club member”. James motioned that the Penticton Triathlon club pay for the 3 KTC members, to help coach the KTC members. 2nd by Ryan and Jenni. Motion passed unanimously.

4.4 Anthony's Pub Bare Bones duathlon registration is now open on line and for mail in.

4.5 **Local entrants** to IMC '08 is corrected at 77.

4.6 **Grand Columbian Challenge**. Brad to send out a club email to advise members about this, and to see if we can get a team to compete in the Challenge.

4.7 We had 36 people attend the Nutrition seminar with Melissa Spooner. The cost to the club was \$200, revenue was \$172, thus cost the club \$28. Bowling night had 23 people participate. It is suggested to have an April social at Paint Ball. Richard will inquire as he knows Jack and Barb Sevy the owners.

4.8

5.0 New Business

5.1 Gord forwarded information that the City will consider putting a Junior Triathlon camp in the “Recreation Guide”, and support the program. The date will hopefully be

- 1 or 2 weeks prior to the Boston Pizza Jr. Tri, depending on avoiding the Desert Half weekend.
- 5.2 The Penticton Triathlon Club now owns the Total Immersion Freestyle DVD, the book, "Triathlon swimming made easy", and swim drill cards.
- 5.3 Outdoor club workouts will start soon. Starting first week of April, the Wednesday night rides will begin. We will try to post advance notice of the route such that later arrivals will know where to find the group. Lake swimming with Karl Donoghue will start in July. Sarah asked if it is possible to get the City of Penticton or someone to post signs or recommended direction when swimming in the lane between the yellow and white marker buoys at Okanagan Lake. James mentioned that the yellow buoys are to keep boats out, and swimmers are to swim inside the white buoys. Thus, the City will not post signs for something they do not want to happen. It will be better to get swimmers to be on the outside of the swim platforms heading west, and on the beach side heading east.
- 5.4 Newsletter: an assistant is needed, to cut and paste. Having some experience with Adobe is helpful, but not necessary. James stated that the club should cover the annual club membership for anyone who leads a committee as a volunteer, outside of the executive, since the work involves a lot of time. This was agreed by all.
- 5.5 Jenni will lead the "Mini-Triathlons" on Thursday again this summer.
- 6.0 Meeting adjourned 8:08PM. Next meeting is to be on Wednesday Apr.2. Location Investors Group office.